

# PRO NORTH 2025 MENU

**MONDAY**    Snack – Fruit or Yogurt  
                  Chicken Tenders/Pieces  
                  Potato wedges and Mac and Cheese  
                  Desert - Pudding

**TUESDAY**    Snack – Muffin or Fruit  
                  Bun sandwich / ham or chicken or beef  
                  Potato Bacon soup  
                  Desert – Cookies

**WEDNESDAY**  
                  Snack – Fruit or Yogurt  
                  Spaghetti & meatballs w/Caesar Salad & Garlic bread  
                  Desert-Jello cups

**THURSDAY**    Snack – Muffin or Fruit  
                  Chicken noodle Soup & Roast Beef or Turkey sandwich w/ cheese  
                  Desert – Cookies

**FRIDAY**        Snack – Fruit or Yogurt  
                  Soft Tacos  
                  Desert – Cupcakes

Milk or Chocolate Milk served with every Meal

**If any of the above meals do not suit your child, please bring a bag lunch**